





MARKET HALL LUNCH

A flexible, individual and inspiring lunch experience every day

Bowls

- Baked cauliflower with sesame, chickpeas, black quinoa, grated beetroot, grated carrot, grated zucchini, nuts, chervil, chives, and parsley (8,9). Served with goma dressing (1,4,7,8).
- Organic egg en cocotte with tomato and mozzarella. Salad, artichoke, tomato, bell pepper, grated carrot, grated zucchini, spring onions, and salad cheese (2.6.13,15). Served with parmesan dressing (2.6.11,13,15).
 - Baked salmon with teriyaki and pointed cabbage, spinach, quinoa, grated zucchini, grated carrot, fennel, edamame beans, and watercress (1,3,7,8,13). Served with parsley oil (13,15).
 - Spiced chicken with black quinoa, pointed cabbage, spinach, grated carrot, chervil, chives, and parsley (13,15). Served with soy dressing (1,7,11).
 - O Italian ham with pasta, salad, peas, corn, grated carrot, spring onions, chives, and cress (1). Served with Thousand Island dressing (1,2,6,11,13,15).
 - Flank steak with glass noodles, broccoli, pickled beech mushrooms, edamame beans, bell pepper, and pointed cabbage (1,7,13). Served with teriyaki dressing (1,7,8,13,15).

Tapas

O Italian salami, Serrano ham, two types of cheese, and the kitchen's choice of spread. Served with focaccia bread with olive oil and rosemary, and homemade crisp bread (1-15).

SYMBOL EXPLANATIONS

- Vegetarian
- Vegan
- Lactose free
- Gluten free
- Optionel gluten-free bread
- O No consideration
- (0) Allergens



Open-Faced Sandwiches, 2 pcs.

Option to choose gluten-free rye bread for selected open-faced sandwich packages.

- Baked tomato with San Marzano tomato, pickled red onions, herbs, and tomato cream.
 - Potato with pepper mayonnaise, cress, and pickled mushrooms ((1),2,10,11,13,15).
 - Egg and shrimp with lime mayonnaise and San Marzano tomato. Fish fillet with remoulade and lemon (1,2,3,5,11,13).
 - O Fish fillet with shrimp, lemon, and dill mayonnaise. Chicken salad with bacon, tomato, and herbs (1,2,3,5,6,11,13),
 - O Chicken salad with bacon, tomato, and herbs.

 Meatball with remoulade, pickled cucumbers, and red cabbage (1,2,6,11,13).
 - Roast beef with remoulade, pickled cucumber, horseradish, and fried onions.
 - Potato with pepper mayonnaise, cress, and pickled mushrooms (1,2,11,13).
 - O Sausage roll with pickled mustard jelly, horseradish cream, and red onions.
 - 'Veterinarian's midnight snack' with onion rings, aspic, and cress ((1),2,3,6,10,11,13).
 - Fine ham salad and herbs.
 'Veterinarian's midnight snack' with onion rings, aspic, and cress ((1),2,3,6,10,11,13).

Sandwiches

Choose between three types of bread (Light, dark, or gluten-free bread).

- ••• Hummus with squash, green bell pepper, tomato, grated carrot, and rucola ((1),8,11,13,15).
 - Cold-smoked salmon mousse with radish, tomato, and lettuce ((1),3,6,13,15).
 - O Tuna salad with herbs, bell pepper, red onion, and rugula ((1),2,3,6,11,13,15).
 - O Chicken with curry dressing, tomato, cucumber, and lettuce ((1),2,6,11,13,15).
 - O Chicken and bacon with curry dressing, tomato, cucumber, and lettuce ((1),2,6,11,13),
 - O Ham and cheese with tomato, cucumber, lettuce, red onion, and mustard mayonnaise ((1),2,6,11,13).
 - O Roast beef with coarse remoulade, horseradish, pickled cucumbers, and fried onions (1,2,6,11,13).

INCLUDED

Cake every thursday
Portions dish
Order from day to day
From only 1 person
Free of choise





CONTACT US

Do you have further questions, please contact us on: torvekoekken@torvekoekken.dk

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WARM PORTIONS DISH

You can also choose one of our warm portions dish. Choose from our favourite, vegetarian, vegan, gluten/lactose free and halal menu.

Alle pakker følger den normale kuvertpris. Vi tilbyder også vegetarisk, vegansk, gluten/laktosefri og halal.